

# Prevention of Problem Gambling via SPF Lens

Acronyms: PG = Problem Gambling / SPF = Strategic Prevention Framework

## 1. Assessment:

- We need to assess the problem. What gambling data do we have about our community? (Even state level data?)
- Do we have an idea about who is experiencing more of the issues related to problem gambling? (i.e., can we form a target population?)
- What risk factors are there for PG (think: related issues) in our community? Protective factors?
- What are our resources? (Funding, people, partners)
- What are the gaps?
- Since readiness to address PG is likely unknown, do we have info on readiness for other issues (e.g., underage drinking, marijuana)?

## 2. Capacity Building

- We need to raise awareness to build readiness to address PG. Who are our key stakeholders?
- What are at least one or two ways we engage and collaborate with stakeholders?
- “Preparing the workforce,” referred to in traditional SPF, is unlikely given funding/personnel constraints of PG resources. How can we improve on what we have?

## 3. Planning

- What risk & protective factors are most important for us to address?
- Do we have the resources and readiness to address this/these factor(s)?
- Is there an existing evidence-based intervention we can use to integrate PG, based upon known risk/protective factor commonalities? (*Crosswalk the risk/protective*

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*factors from presentation/existing data.)*

- Does this existing thing fit? (*i.e., will it actually be able to be implemented realistically...and/or does it seem to fit the target population?*)
- If there isn't something in existence we can find to integrate, what can we do?
- Can we produce outcomes within a reasonable timeframe? (*also for our funders...*)
- Don't forget to add to your logic model. (*Everyone loves this.*)

## 4. Implementing

- What steps are we taking to get this off the ground?
- If integrating, are we able to maintain fidelity to the original program?
- Is the evaluation component being implemented as well?
- Do we have resources in place to ensure continued implementation? Is there training and support available?
- Are you tired of all of these questions yet?

## 5. Evaluating

We know that realistically, evaluation is the component that gets left out of the picture most often. Please do prioritize some component of evaluation. It's one of the most important pieces of the picture: for our communities, funders and even our own resources!

- What were the outcomes of the intervention? Were the "right" strategies addressed?
- What strengths, opportunities, weaknesses and challenges are there to this intervention?
- What would you recommend for the future?